## **Contents**

Foreword		vii
Preface		ix
Background and acknow	ledgements	xi
Summary		xiii
1. Health, environment,	, and development	
Introduction		
The meaning of he		5
Health and the env		6
Health and develop		8
Balancing rights a		13
References and no	otes	15
Appendix		17
2. Global challenges to	health and the environme	ent 20
Demographic issue	es	20
Population size		21
Mortality		23
Fertility		30
Migration and u	rbanization	31
Conclusions		37
Poverty		38
	he physical environment	40
Rural and urban	1 poverty	44
Resource use		45
Macroeconomic po		49
	tment and health	51
	tment and the environment	
References and no	otes	56
3. Food and agriculture	•	60
Introduction		60
Food production		61
Food, diet, and he	alth	65
Food contamination	on .	69

## OUR PLANET, OUR HEALTH

	Biological agents	70
	Other toxic agents in food	75
	Occupational hazards and accidents	77
	Agricultural chemicals	79
	Agricultural development	83
	Land ownership or tenure	87
	Impact of farming on water quality	89
	Forestry	90
	Additional problems for developing countries	91
	Trends	91
	Strategies	95
	Recommendations	99
	Recommendations for research	101
	References and notes	102
4.	Water	106
••	Introduction	106
	Water and production	106
	Maintaining water quality	110
	Water quality in urban areas in developing countries	113
	Communicable diseases associated with water	115
	Water and sanitation	122
	Changing disease patterns resulting from water	-
	management	127
	Strategies	130
	Recommendations	138
	Recommendations for research	139
	References and notes	141
=	Energy	145
IJ.	Introduction .	145
	Energy use and health	146
	Environmental and health effects of energy	140
	production and use	148
	Fossil fuels and air pollution	148
	Fossil fuels—other effects on health	157
	Hydropower	158
	Nuclear power	159
	Electricity	159
	Accidents	160
	Additional problems in developing countries	161
	Indoor pollution from fossil fuels	161
	Indoor pollution from biomass fuels	162

	Trends	164
	Strategies	168
	Recommendations	170
	Recommendations for research	171
	References and notes	172
6.	Industry	175
	Introduction	175
	Industrial activities and their health hazards	177
	Occupational exposure	177
	Health risks to the public	179
	Accidental releases	180
	Toxic chemicals and hazardous waste disposal	180
	Identifying the health impact	182
	Additional problems in developing countries	185
	Strategies	188
	Recommendations	. 190
	Recommendations for research	192
	References and notes	195
7.	Human settlements and urbanization	197
	Introduction	197
	Housing and basic services	198
	Housing and health	199
	Housing and health in developed countries	200
	Housing and health in developing countries	201
	Basic services  Health care	209 209
	Education	211
	Garbage collection and disposal	211
	Road accidents	211
	Noise	212
	Community exposure	213
	Occupational exposure	214
	Settlements and psychosocial health problems	215
	Health impact of urbanization in developing countries	217
	Trends	219
	Strategies	221
	Recommendations	226
	Recommendations for research	229
	References and notes	230
8.	Transboundary and international problems	235
	Long-range transport of air pollutants	235

Tr	ransboundary movement of hazardous products and	997
C+	wastes	237
	ratospheric ozone depletion	239
	limatic change	240
	cean pollution	244
	odiversity	246
	rategies	246
Re	ecommendations	248
P***	Recommendations for research	249
He	eferences and notes	249
9. Strat	regies	251
In	troduction	251
G	lobal objectives	252
Pr	rinciples	252
St	rategic elements	253
To	pols and methods	256
	The macroeconomic basis for health	256
	Cost-benefit analysis	257
	Primary environmental care	257
Re	eferences and notes	257
10. Reco	ommendations	258
Ge	eneral recommendations	258
Se	ectoral recommendations	260
	Food and agriculture	261
	Water	261
	Energy	262
	Industry	262
	Human settlements and urbanization	263
	Transboundary and international problems	264
Re	ecommendations for research	264
	Principles guiding environmental health research	265
	Development-related health research and interaction	
	with environmental issues	265
	General recommendations	267
	Sectoral research recommendations	268
Annex 1	Members of the WHO Commission on Health	
on 1.	and Environment	270
Annex 2	Members of Technical Panels	277
	Members of the WHO Task Force of the WHO	<i>∟, 1 i</i>
THE TOTAL OF	Commission on Health and Environment	282