

# CONTENTS

---

<b>PART I</b>		
<b>BEFORE THE CCU</b> .....		1
1		
INTRODUCTION.....		2
2		
PATHOPHYSIOLOGY OF MYOCARDIAL ISCHEMIA AND THE CORONARY CIRCULATION.....		6
3		
PREHOSPITAL CORONARY CARE .....		12
The Acute Event.....		12
Risk Factors.....		14
<b>PART II</b>		
<b>THE CCU-HOSPITAL PHASE</b> .....		17
INITIAL HOSPITAL CARE .....		18
In the Emergency Room.....		18
Transfer from the Emergency Department .....		23
5		
THE CCU ENVIRONMENT, THE PATIENT, AND THE NURSE.....		24
Cynthia A. Padula, R.N.		
The Physical Environment of the CCU .....		24
The Emergence of Cardiovascular Nursing Practice.....		25
Effect of the CCU Environment on the Patient .....		27
Effect of the CCU Environment on the Family.....		28
Effect of the CCU Environment on the Nurse .....		29
6		
CCU ORDERS.....		32
7		
CCU DIET AND ACTIVITY.....		38
Diet .....		38
Bedrest/Activity .....		41
Other Activities .....		43

8	THE DIAGNOSIS OF MYOCARDIAL INFARCTION .....	45
	General Considerations .....	45
9	THE DIAGNOSIS OF UNSTABLE ANGINA .....	50
10	ECHOCARDIOGRAPHY AND RADIONUCLIDE IMAGING IN MYOCARDIAL INFARCTION DIAGNOSIS .....	54
	Echocardiography .....	54
	Radionuclide Imaging .....	56
11	PROGNOSIS IN MYOCARDIAL INFARCTION .....	65
	General Guidelines .....	65
	Clinical Application .....	68
	Recommendations .....	69
 <b>PART III</b>		
<b>INVASIVE MONITORING AND PROCEDURES IN THE CCU.....</b>		
		71
12	FLOW-DIRECTED BALLOON-TIPPED PULMONARY ARTERY CATHETERS; INTRAARTERIAL BLOOD PRESSURE MEASUREMENTS .....	72
	William E. Boden, M.D., and William E. Kaye, M.D.	
	Swan-Ganz Catheter .....	72
	Intraarterial Blood Pressure Measurement .....	78
	Care of the Catheter, Transducer, and Electronic Monitor .....	84
	Measures to Prevent Transducer-Related Infection.....	85
13	TEMPORARY TRANSVENOUS CARDIAC PACEMAKERS..	86
	William E. Kaye, M.D.	
	Equipment .....	86
	Indications for the Emergency Cardiac Pacemaker.....	87
	General Principles for Pacemaker Catheter Insertion....	88
	Choice of Pacemaker Site and Catheter for Insertion ...	91
	Complications of Cardiac Pacing.....	93
14	INTRAAORTIC BALLOON COUNTERPULSATION.....	96

**PART IV****CCU TREATMENT OF MYOCARDIAL****INFARCTION, ANGINA PECTORIS, AND THEIR  
COMPLICATIONS** .....

101

15

**ARRHYTHMIAS IN ACUTE MYOCARDIAL INFARCTION:  
RECOGNITION AND MANAGEMENT** .....

102

Classification of Arrhythmias..... 102

Identification and Treatment of Arrhythmias..... 103

Emergency Synchronized DC Cardioversion..... 115

16

**MEDICAL MANAGEMENT OF ACUTE MYOCARDIAL  
INFARCTION** .....

118

General Considerations..... 118

Clinical Implications..... 118

17

**MEDICAL TREATMENT OF UNSTABLE ANGINA AND  
PRINZMETAL VARIANT ANGINA**.....

125

Unstable Angina..... 125

Prinzmetal (Variant) Angina..... 125

Recommendations for Treatment of Unstable Angina  
and Prinzmetal Angina..... 126

18

**HYPERTENSION COMPLICATING ACUTE MYOCARDIAL  
INFARCTION** .....

132

19

**LEFT VENTRICULAR FAILURE COMPLICATING  
MYOCARDIAL INFARCTION**.....

135

General Background..... 135

Recommendations..... 138

20

**THE MYOCARDIAL INFARCTION SHOCK SYNDROME**....

142

21

**ACUTE MITRAL REGURGITATION AND RUPTURE OF  
THE INTERVENTRICULAR SEPTUM**.....

151

22

**MISCELLANEOUS COMPLICATIONS POSTMYOCARDIAL  
INFARCTION** .....

157

Pericarditis..... 157

Dressler's Syndrome..... 159

Pulmonary Embolism .....	161
Systemic Embolism .....	163
Myocardial Rupture .....	164
23	
POSTINFARCTION ANGINA .....	166
24	
SALVAGE OF ISCHEMIC MYOCARDIUM AND LIMITATION OF INFARCT SIZE .....	169
25	
ANTICOAGULANTS, ANTIPLATELET AGENTS, AND BETA-BLOCKERS IN ACUTE ISCHEMIC HEART DISEASE .....	174
<b>PART V</b>	
<b>AFTER THE CCU .....</b>	<b>179</b>
26	
CARDIAC REHABILITATION .....	180
<b>INDEX .....</b>	<b>185</b>