## Table of Contents

Preface	×
Executive summary	2 9
Aims and target audience	9
1. Introduction	15
2. Planning and budgeting for mental health services:	
from situation analysis to implementation	16
Step A. Situation analysis	18
Step B. Needs assessment	32
Step C. Target-setting	65
Step D. Implementation	76
3. Resommendations and conclusions	90
4. Barriers and solutions	91
Annex 1. Additional notes for selected planning steps	93
Annex 2. Country example	96
Definitions	101
References	103
	100